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OUR MISSION

Serving as a leading advocate and collaborative resource to provide access to high quality services for young children.

OUR VISION

A community where young children will reach their full health and educational potential.

CONTACT US

Receive our newsletter twice a year by US Mail. If you want to receive our newsletter, please contact:

Amy Wadsworth at
704-736-9008 or 704-922-0900,
or send an email to
publicinfo@pfclg.com.

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PARTNERSHIP PRESS

Spring 2013

News and Info about Smart Start in Lincoln & Gaston Counties

Importance of Handwashing

Handwashing is one of the best ways to prevent spread of the flu and other illnesses. To make sure you are washing your hands for the proper amount of time hum the "Happy Birthday" song from beginning to end twice. (At least 20 seconds.)

Use common sense about washing your hands. You should always wash your hands before, during and after preparing food. Also after blowing your nose, coughing or sneezing.

How to wash your hands:

- Wet your hands with clean running water and apply soap
- Rub your hands together to make a lather. Make sure you clean under your nails and between your fingers
- Rinse your hands well. Let air dry or dry on a clean towel

Remember hand sanitizers can help eliminate germs on hands but do not eliminate all types of germs. In Gaston and Lincoln Counties there are two child care health consultants who work to improve the health, safety and nutrition of children ages birth to five attending licensed child care centers and family child care homes.

Trainings are offered to child care providers by the consultants including workshops on Handwashing, Diapering Procedures/ Sanitation and Common Communicable Diseases in Child Care. This activity is administered by the Gaston and Lincoln County Health Departments and funding is through the Partnership for Children of Lincoln & Gaston Counties.

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Contact us in Gaston Co.
Deanna Matthews,
Child Care Health Consultant
704-862-6116 or come visit
their office at 991
W. Hudson Blvd., Gastonia.

Contact us in Lincoln Co.
Juliana Whitaker,
Child Care Health Consultant
704-732-3952 or come by
their office at 151
Sigmon Road, Lincolnton.

RUN FOR THE MONEY 2013



See you on Run Day!

The Partnership for Children is participating in Run for the Money 11. Date is Saturday, April 20, 2013. The fundraiser is sponsored by the Community Foundation of Gaston County for nonprofits and consists of a run/walk and a chance for donors to give to our cause! The Community Foundation will be accepting donations through April 26, 2013.

This year's Run money will be used to support the Partnership for Children's Resource library for child care providers. This may include books, games and laminating materials.

The Partnership will have a booth on Run Day! Come and see us!

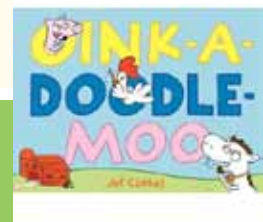
Want to run or walk?
5K Run Early Bird registration is \$20. After April 12, registration is \$25. Run Day registration is \$30. Run registration includes a T-shirt, while supplies last.
2K Walk Early Bird registration is \$10. After April 12, registration is \$15. Run Day registration is \$20. You will also receive a T-shirt with this, while supplies last.

Want to make a donation?
Make your donation online at www.cfgaston.org, or make check, cashiers check or money order payable to the Community Foundation of Gaston County with a Donor form. No cash, please.



SAY CHEESE!!!

Spring is here!



Spring Book Recommendations

A Home for Bird
by Philip Christian Stead

Bird Talk: What Birds Say and Why
by Lita Judge

Chickens to the Rescue!
by John Himmelmann

Gem
by Holly Hobbie

Grandpa Green
by Lane Smith

Green
by Laura Vaccaro Seeger

Jo MacDonald Had a Garden
by Mary Quattlebaum

Just How Long can a String Be?!
by Keith Baker

Kite Day
by Will Hillenbrand

Oink-a-Doodle-Moo
by Jef Czekaj

Quiet Bunny's Many Colors
by Lisa McCue

Quiet in the Garden
by Alike

Swirl by Swirl: Spirals in Nature
by Joyce Sidman

Ten Little Caterpillars
by Bill Martin

The Bear who Shared
by Catherine Rayner

The Rain Came Down
by David Shannon

These Bees Count!
by Alison Formento

Whose Garden Is It?
by Mary Ann Hoberman

SAVE THE DATE:

Apple Festival

Saturday, September 21, 2013
9 a.m.- 4 p.m.

Visit our booth in the Kids Apple Orchard

Kids in the Kitchen

A recent training held at the Partnership focused on "Kids in the Kitchen" for child care providers. Patrons tried out new recipes that you can make with your children to give them the cooking experience and to make more nutritious snacks.



Diane Hines and Jim Henderson offered this hands on training.



Roaring Lion Recipe

Ingredients for one:
Mini bagel half (for the body)
Flavored cream cheese
Chow mein noodles (for the mane)
2 Fruit loops or m&m mini candies (for the eyes)

Utensils and supplies:
Paper plate and knife for each child

Teacher preparation:
Cut the bagels in half
Toast the bagels if desired
Arrange the ingredients



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